

New Sample Menu - All hot meals €3 – Snacks from €0. 50

Monday

Hot Chicken
Taco Baguette

Hot Chicken
Curry with Rice

Vegetarian Curry
with Rice

Glanmore Selection
of Salad Bowls

Glanmore Selection
of Sandwiches

Tuesday

Ham & Cheese
Ciabatta

Chicken and Pasta
with Tomato Sauce

Vegetarian Pasta Dish
with Tomato Sauce

Glanmore Selection
of Salad Bowls

Glanmore Selection
of Sandwiches

Wednesday

Baguette with
Chicken & Salad

Beef Lasagne
with Garlic Bread

Vegetarian Pasta Dish
with Tomato Sauce

Glanmore Selection
of Salad Bowls

Glanmore Selection
of Sandwiches

Thursday

Chicken & Cheese
Ciabatta

Hot Chicken
Curry with Rice

Vegetarian Curry
with Rice

Glanmore Selection
of Salad Bowls

Glanmore Selection
of Sandwiches

Friday

Cookies

Glanmore
Selection of
Salad Bowls

Glanmore
Selection of
Salad Bowls